



NATIONAL SERVICE SCHEME

REPORT ON NSS ACTIVITIES

2023



SIKKIM GOVERNMENT B.ED COLLEGE,
SORENG DISTRICT -737121
(Recognized by N.C.T.E & Affiliated to Sikkim University)

NSS WINGS (CELL)



Buddha Hang Subba
Assistant Professor
NSS Programme Officer Unit- I



Dr. Tashi Ongmu Bhutia
Assistant Professor
NSS Programme Officer Unit- II

Awards and Achievements



Fig. 1. NIC, at Kurukshetra on 25th - 31st July 2023

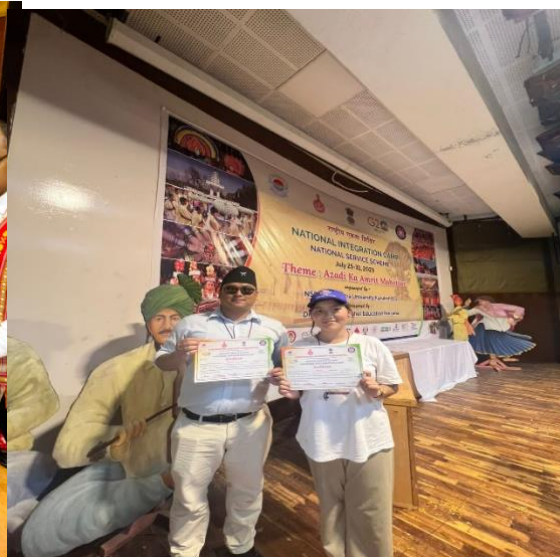


Fig. 2. NSS Volunteers with medals and certificates

NSS

The National Service Scheme (NSS) Is an Indian Govt. sector public service program conducted by the Ministry of Youth Affairs and Sports of the Govt. of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year in 1969. Aimed at developing students' personality through community service, NSS is a voluntary association of young people in colleges, Universities and at +2 level working for a campus community (esp. villages) linkage.

NSS LOGO



NSS MOTTO

“NOT ME BUT YOU”

It underlines that the welfare of an individual is ultimately dependent on the welfare of the society. This expresses the essence of democratic living and upholds the need of selfless service and appreciation of the other man's point of view and consideration for fellow human beings.

The Sikkim Govt. B.Ed. College has joined NSS in the year 2017. Since that year NSS Cell is actively working and performing many activities like regular activities and annual special camps.

The College organizes many activities like plantation drive, cleaning the communities, street plays (role plays) public awareness, installations of dust bins in different places from college gate to Soreng Bazar, Collection of relief funds, an Interactive Community Policing Programme, **ONE HOUR SHRAMDHAN @10 AM** etc., etc.,

Objectives of NSS

The overall objective of NSS is Personality Development of students through community service.

- Understand the community in which they work and their problems.
- Finding practical solutions to community problems and developing civil responsibility.
- Develop leadership qualities and capacity to meet disasters and emergencies.
- Gaining skills in mobilizing community participation.
- Practice national integration and social harmony.

Three days World Environment Day 2023 observed at Sikkim Govt. B.Ed College, Soreng District

DAY 1

2nd /06/2023

The day was started with morning assembly during morning hour all the NSS Volunteers (Unit I and II) was divided into 4 different respective houses. During first hour all the volunteers engaged in preparing herbal and organic garden in their respective allotted areas.

Some Glimpses



Fig. 1. Volunteers are preparing herbal and organic garden

At the afternoon hour (2:00 pm) both the Units of NSS Volunteers along with Respected Principal Madam Dr. Devi Kala Lama, Dean of students affairs Mr. K. L. Singh, faculty members and non-teaching staffs organized cleanliness drive from B.Ed College campus towards Soreng Bazar (Tallo Bazar) and performed street play under the theme of **# Beat Plastic Pollution**. The play was delivered the message of the harmful and effect of plastics on our **Mother Earth**. The play also delivered the message of the benefits of planting trees, saving water, conservation of soil, minimum use of plastics, to control air pollution, etc.,etc. The play was concluded by the slogan of “**SAVE TREES AND SAVE LIFE.**”

Some Glimpses

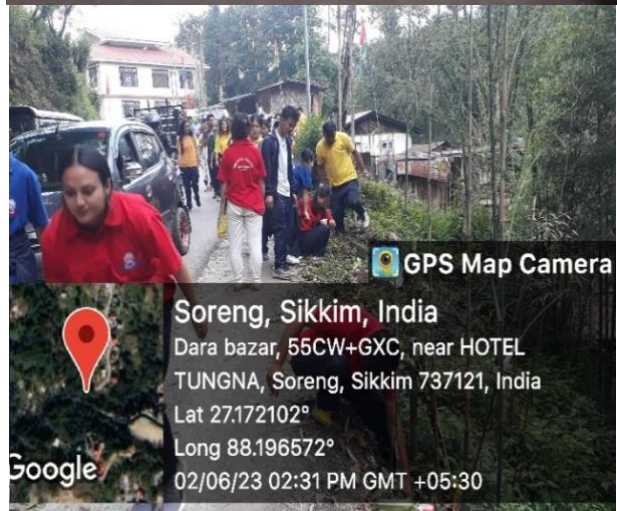


Fig. 2. Cleanliness Drive and Street Play



at Soreng Bazar on 2nd/06/2023

3RD/06/2023, A day long workshop on Terracotta (Hands in clay) and Bamboo items (eco-friendly produce). The resource persons were Mr. Sewon Rai (Asst. Professor) resource person terracotta and likewise the resource person of Bamboo items were Mr. Pranay Tamang and Mrs. Sushma Tamang.

Some Glimpses





*Fig.3. A day
terracotta and Bamboo Workshop on 3rd/06/2023*

long

5TH/06/2023 WORLD ENVIRONMENT DAY 2023

The day started with Special Morning Assembly (10: 00 AM) with morning prayer and the programme hosted by the trainee Ms. Pratima Tamang. She briefed about the agendas of day long programme. The speech delivered by Sunaina Rai, (NSS volunteer) about NSS; its concept, aims and objectives, activities and roles and responsibilities of NSS. Despite many regular activities Environmental Protection is one the core activities. She also highlighted the theme of this year “World Environment Day 2023” # **BEAT PLASTIC POLLUTION** and also briefed about effects of plastics on our **Mother Earth** . The NSS volunteers can take part in protection of our Mother Earth by doing massive plantation drive, protection of soil, less use of plastics, proper garbage management system, and living a sustainable life. Lastly, the volunteers played the skit of awareness about the protection of our Mother Earth and to keep our surrounding neat and clean. The skit concluded by the chanting the slogan of “**SAVE TREES AND SAVE LIFE**”.

There was an interaction session about protection of our environment, where many faculties and trainees took part in it.

Some Glimpses



Fig. 4. Special Assembly, Skit play and Interaction Session.

The next session started at around 11: 30 am, clearing bushes, weeding existing plants and digging pits (approx. 100 x 4 =400) in the different allotted house wise areas in and around college

premises. Tea break at 1: 00 pm noon. After resuming tea break continuing the remaining works. Lunch break at 2:10 noon and started allotting saplings of fruits, flowering plants and herbal plants like Rhododendron, golmohar, azalea, tulsi, giloy amla etc., The programme concluded by declaration of result of Landscaping gardening (herbal and organic garden) where winner was Ajembari house (Green house) and runner up was Sayapatri House (Blue house) like 3rd goes to Makhmali (Yellow House) and Sunakhari (Red House). Vote of thanks given Tashi Ongmu Bhutia (NSS PO II).

Some Glimpses



Fig. 5. Plantation drive at different allotted areas.



Fig.6. NSS Volunteers Enjoying lunch during World Environment Day 2023

An Interactive Community Policing Programme organized at Sikkim Govt. B.Ed College, Soreng District

7th/06/2023 (Wednesday). The NSS unit of Sikkim Govt. B.Ed College Soreng, organized an Interactive Community Policing Programme. The event had the presence of speaker such as SDGP LAW AND ORDER Akshay Sachdeva IPS, SP, Soreng J. Jayapandiyan as the resource person and also attended by SHO Mr. Anil Subba. The programme aimed to strengthened the bond between the community and law enforcement authorities while addressing the social issues.

SDGP Akshay Sachdeva provided valuable insights and given demonstrations through various role plays. The programme was also attended by Principal Madam Dr. Devi Kala Lama, Dean of Student Affairs Mr. K. L. Singh, Assistant Professors, Administrative Staff, Police officers from Soreng District, B.Ed trainees and students from Govt. Science College, Chakhung. The programme was concluded by vote of thanks given respected



Principal Madam Dr. Devi Kala Lama.

Fig.1. Resource Persons with the B.Ed trainees



Fig. 2.Resource persons with the Students of Govt. Science College, Chakhung



9th International Yoga Day 2023 observed at Sikkim Govt. B.Ed College, Soreng District

21st/06/2023; Sikkim Govt. B.Ed. College, Soreng District under the banner of NSS UNIT I and II in collaboration with Sports Club had observed 9th International Yoga Day 2023 under the theme “**VASADEVA KUTUMBAKAM**’-. The session conducted by Asst. Professor Dr. Tashi Ongmu Bhutia (PO-II). The session started at 6 :30 am. The session attended by 60 Volunteers and also attended by P O -I, Buddha Hang Subba, Asst. Professor, Faculty members and Administrative staffs. The session was demonstrated different asanas and pranayams. The sessions was concluded by taking pledge(Around 8:30 am).

Some Glimpses





Fig. 1. NSS Volunteers performing Yoga at College Auditorium



Fig. 2. NSS Volunteers performing yoga at Soreng Sr. Sec. School auditorium (District Level)

NSS Volunteers participated in NIC at Kurukshetra University

25TH/JULY/2023

Two NSS Volunteers, Mr. Akash Thapa and Ms. Divyani Rai from Sikkim Government B.Ed College, Soreng District, has participated in the NATIONAL INTEGRATION CAMP at Kurukshetra University, Organized by NSS. The camp had 200 NSS Volunteers participated from all over India. The camp started from 25th July till 31st July 2023, in which the volunteers participated in various competitions. Mr. Akash Thapa secured 1st position in Skit Competition and Ms. Divyani Rai secured 2nd position.

Some Glimpses



Celebration of Swachhta Pakhwada at Sikkim Govt. B.Ed College Soreng

Dated 28/09/2023

Sikkim Govt. B.Ed College, Soreng under the banner of NSS Cell both the Unit I & II, celebrated Swachhta Pakhwada under Swachha Bharat Mission, Government of India by conducting special assembly. The Special Assembly was conducted by NSS Volunteer Mr. Prabhat Chettri (IIIrd Semester trainee). He briefed about the importance of the programme which was started from 15th Sept. to 2nd Oct. 2023. He conducted Swachhta Pledge and Panch Pran Pledge by reciting the pledges.

The programme was attended by staffs (Teaching and Non-Teaching) and the both the trainees from Ist Semester and IIIrd Semester.

Some glimpses



National Sports Day 2023 Observed at Sikkim Govt. B. Ed College Soreng District

29th/Aug/2023 (Tuesday), Sikkim Government B. Ed College, Soreng District has organized District Level National Sports Day under the banner of NSS Cell in collaboration with Sports and Youth Affairs Department, Government of Sikkim, under the theme “ *Sports as an enabler for an inclusive and fit society,*” Tribute to the Hockey Legend Major Dhyandchand. Shri M. N. Subba, Hon’ble Advisor, Sports and Youth Affairs Development Board, Govt. Of Sikkim has graced the occasion as the chief guest. The other dignitaries were Hon’ble Panchayat President Singling GPU. Smt. Pekki Doma Bhutia, Hon’ble Panchayat member Soreng GPU, Shri T. B. Subba, Dean of Student Affairs Sikkim Govt. B. Ed College, Shri K. L. Singh, Dy. Secretary, B. Ed College Shri D P Dahal, BDO Soreng, Shri S K Sharma, Head Mistress Pakkigoan GSS Smt. Manju Tamang, Principal Mt.K2 Smt. Sabita Subba staff and students, President and members from Soreng Badminton Association, PETs teachers from different schools, teachers and students from JHS Singling, Assistant Professors, Administrative staffs and trainees of Govt. B.Ed College Soreng, teachers and students from Don Bosco Malbasey, CHC Soreng, staffs of UDHD Soreng, Local gentries and Dy. Director S.Y.A.D Smt. Mamita Gurung, Asst. Director Sports Shri D B Subba and staff members.

The programme was started with offering khadas to the Chief Guest and other dignitaries followed by lighting of lamp and offering khadas to the portrait of Legend Major Dhyan Chand by Chief guest. The welcome note addressed by Dr. Tashi Ongmu Bhutia, Asst. Professor Govt. B.Ed College Soreng. Mrs. Mamita Gurung Deputy Director, Sports and Youth Affairs Department Soreng, Govt. of Sikkim has briefed about the National Sports Day and also read out the pledge *Fit India Fitness*. She further requested to all the invitees and participants to download fit India mobile app and also announced those who downloaded first will be rewarded of Rs. 1000 from her own account.

The events were as follows;

1. Chief Minister’s 1 Mile Run
2. Volley Ball Open Men and Women
3. Table Tennis Open Men and Women (Single and Doubles)
4. Passing the Ball Open for Women
5. Zumba demonstration by Govt. B.Ed College, Singling GJHS, Mt. K2 and Sports and Youth Affairs Department Soreng.

Department also felicitated the National players and students from different categories.

Yoga Jr. Category National Gold medalists

1. Saruna Limboo
2. Anamit Lepcha
3. Sujan Gurung
4. AaroHi Sharma

Yoga Sr. Category National Gold

1. Abhishek Chettri
2. Barun Gajmer (Bronze Medalist North-East Olympic Games)

Badminton Veteran National

1. Mrs. Promota Gurung
2. Mr. Kumar Pradhan

Fit India Quiz State Topper and Semi- finalist at National Level

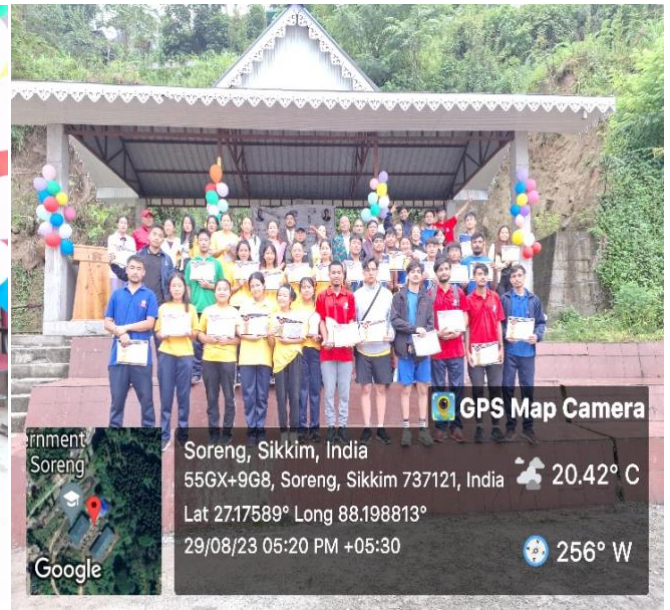
1. Prabal Chettri
2. Yadav Sharma

The programme was concluded with the distribution of certificates, prizes and trophies to the all winners and participants by the chief guest and other dignitaries. And lastly, a note of thanks given by Shri D B Subba, Asst. Director SYAD.

The host of the programme was Mr. Reshab Rasaily B.Ed trainee.

Some Glimpses





ONE HOUR SHRAMDAAN @10 AM Celebrated by Sikkim Govt. B.Ed College, Soreng District

1st/ Oct/2023

Sikkim Govt. B.Ed College, Soreng, has celebrated “ONE HOUR SHRAMDAAN@10 AM” under Swachhta Hi Sewa on 1st Oct.2023 which was initiated by Govt. Of India. The programme was successfully celebrated by cleanliness drive from soreng, kharka Bazar near SKM party office to till the way to Singling grave-yard. The programme was initiated and attended by Programme Officer I, Mr. Buddha Hang Subba and 25 Volunteers from in and around.

Some Glimpses

